



The MIMSA Post

ISSUE 01 • APRIL 2022



AN INTRODUCTION

BY ASHWIN MANIVANNAN

Sina and I thought that having an organisation newsletter is a great way to improve student engagement and collaboration, even if at the start we might find it difficult to establish our audience.

You can expect plenty of interesting articles in our newsletters - with topics varying from 'How has COVID affected teaching at MUNI' to Q+A sessions with some of the most interesting characters in Masaryk + Brno. So stay tuned for some great insights.

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TRANSFORMING OUR OFFICE



BY SINA SKANDERA

Since 2009, MIMSA has been lucky enough to have its own office in the basement of Med Fac, but after years of meetings and countless boards it was time to give it a complete refurbishment. With Covid getting better and us having lots of plans with the new team, I made it my first mission as MIMSA president to give us a space where we can meet at any time and hold consultations and study without problems.

So after already putting many hours of cleaning in, the day finally came and the garbage removal team emptied out the office - meaning no more old black sofas, broken BBQs and countless bags of garbage piling up in the office! 🥰

After one last round of cleaning we were finally able to put our new furniture in.



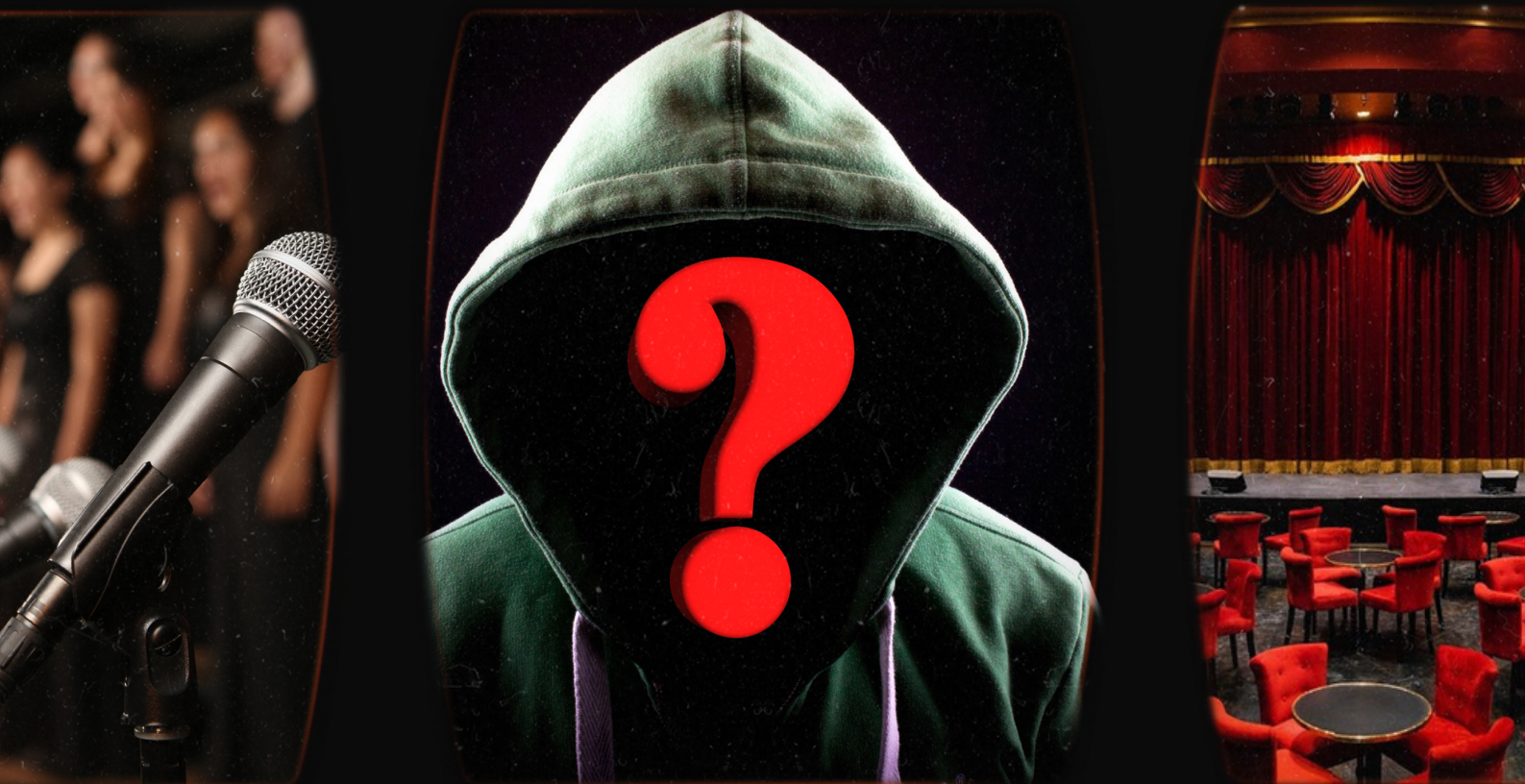
The renovation was completely finished on the 4th of April when we finally got a new radiator regulator 😂 meaning the office is finally not a sauna anymore!



I am really happy that the office now has become a place we use almost every day and you can always meet a MIMSA team member there! 😊

THE CASE OF THE MISSING MICS

MIMSA TRUE CRIME SERIES



BY ASHWIN MANIVANNAN

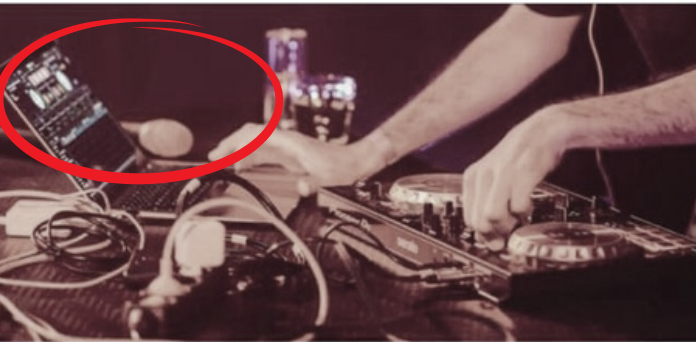
“ I'M STRUGGLING TO BELIEVE IT, NOT JUST ONE MIC BUT TWO. LIKE WHO A: NEEDS THEM AND B: KNOWS HOW TO USE THEM? ”

March 25th 2022, MIMSA's first med ball event for a very long time. Set at Cabaret des Peches – a venue that probably won't ever answer a call from us again. It was a night that began with a lot of excitement and an expected amount of nervousness for the MIMSA team. But little did we know that our true worries would only begin after the event was over.

We were made aware by the venue a day after the ball that they were missing a couple of microphones. Valued at **Redacted by editor** each. At first, we were sure that it had been a mistake and that the solution wasn't far from our sights. But our premature sense of confidence soon faded with further emails highlighting the serious consequences that might be heading our way.

This was no longer a matter concerning just the head office. The entire team needed to be made aware. After a lot of different opinions on approaching the problem, we decided on two things. Inform the entire student body of the problem and assemble a special task force to tackle the case.

Publicación de MIMS



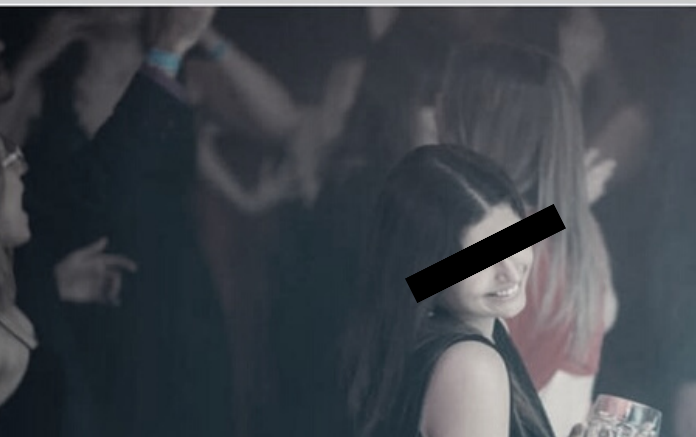
Me gusta

Comentar



Me gusta

Comentar



For a few days, Sina's newly refurbished and beloved MIMSA office had been turned into an interrogation room. Darkly lit, with photographs and red line tape all over the walls. (With the benefit of hindsight, some of us might have taken this a bit too far.) One of the key evidences found by our rookie hotshot detective Irene Cuesta Redondo was sure to turn the case upside down. After sifting through all the photos, she found not one but two photos (both pictured on the left) with the microphones on the DJ's Table on the stage.

“

APPARENTLY THERE WERE 3 MINUTES WHERE THE STAGE GOT RUN OVER WITH PEOPLE

”

The case of the missing mics had become an instant classic. Rumours about the case managed to spread faster than the coronavirus after one of our parties. For almost a week, hallways of med fac, classrooms at uni, and changing rooms at the gym all had one topic uttered in and around its walls. The pressure was on.

Thankfully, a member of the team heard from Redacted by editor that they saw someone with the microphones as the party ended. But some of our other key witnesses had been under a considerable amount of alcohol intoxication, so all leads were compromised with doubt. This leads us to the present day. Our task force still tormented. Trouble separating the truth from random anonymous tips. A possible culprit still at large. And many theories ranging from plausible to completely absurd are still being examined. And for now...that leaves this case...unsolved.

1ST YEAR INTERVIEWS

What do the freshers think of Masaryk and Brno?



ADRIAN

From the very beginning I started meeting people from different countries all around the world. With them, I have shared a lot of experiences already. That's what I like about this university - the fellowship. Between us, we share our notes and our culture. Coming to Brno will be something I can never forget!

MARGHERITA

Every time I walk towards our beautiful campus, I feel so lucky. The practical lessons have by far exceeded my expectations and motivate me every day. I also love that I get to experience this lovely city with people from all over the world. I find it a perfect environment to balance studies and fun.



MILAN

The first few months of coming to Brno were very challenging. Being ripped out of my former life and having to deliver this much work in university was hard. But thanks to MIMSA, who organised a lot of extraordinary parties and events, it was pretty easy to find new friends and to feel at home in this beautiful city.





GIULIA


My experience in Brno right when I got here felt like a home away from home. The town gives me everything I need, from cute cafes at every corner to beautiful scenic hikes. Masaryk gives me the opportunity to learn with a lot of hands-on experience. And surrounding myself with people from all over the world allows me to explore different cultures. MIMSA has opened doors for not only friendships but experiences that I can cherish for a lifetime. I am beyond grateful I get to spend the next 6 years of my life here, it's definitely an experience I'll never forget.

CORENTIN

Brno is a great city for students that helps balance social and academic life. There are a lot of unusual places and libraries for all kinds of needs. And for Masaryk, the infrastructure is brand new and the teachers are very interesting. I highly recommend this university.



KRISH



Brno, one of the top student cities in the world, found myself surrounded by the company of thousands of students from all walks of life and faith. The city offers an extremely warm and welcoming environment to all students with a beautiful heritage and a vibrant city centre. From the get-go, brought the best out of a student with a great many cafes for relaxed and last-minute study sessions combined with many parks.

Charity Team's Goals for 2022

By Tuhina Mishra



THINGS TO COME

We have a semester full of fun events planned for the student body and we can't wait to see you there. All proceeds are given to the charities we've partnered up with this year - Smaci, DCHB, and Kretek. There's going to be sports events, cultural events and opportunities for all of us to meet up outside university and study time to give something back to Brno during our time here.

OUR CHARITY RAFFLE

Our Charity Raffle during the MIMSA Spring Med Ball on the 25th of March was a huge success and we are happy to announce that we were able to donate 13 500 CZK to our partner charities!



FOR MORE VISIT: <https://www.mimsaonline.com/charity>

THE IMPORTANCE OF: *Better Sleep*

By Patricia Martínez Asensio

There are many studies showing the importance of good sleep for better academic performance. Interestingly enough, in these 4 years of being a medical student, I have seen that sleep is the first thing that we are willing to give up in our daily routine when we are busy (especially during the examination period). Some of the symptoms of inadequate sleep include tiredness upon waking, daytime sleepiness, decreased concentration, irritability, frustration and a decrease in positive moods. In fact, sleep helps your memory and assimilates your knowledge. You don't need many hours of sleep every day, studies show that the ideal hours of sleep is between 7 and 9 hours. Seems easy right? You just have to go to bed and you will have a better day and grades. But I haven't talked about the most important thing: when we actually can't go to sleep. Some tips for a better sleep that have helped me are: cutting any source of caffeine, go to bed at the same time everyday, taking naps no longer that 15-20 minutes and lastly before going to sleep, drink something hot (I drink valerian tea) and avoid any technology: I usually read something in paper (a book, notes...)



The Highest Paid Medical Specialties

By Sohaib Radeef

Medical specialties are always a hot topic among medical students. Many students would choose their medical specialty based on their passion and their dreams, while others would choose it based on the money it generates. If you are interested to see how much money doctors of different specialties make, this list is for you.

10. Emergency Medicine: \$345,000 per year



Love the adrenaline rush? Then this is for you! Emergency medicine is the medical specialty concerned with the care of illnesses or injuries requiring immediate medical attention. It is a quite challenging medical field as it requires fast reaction time, quick decision making, and maintaining composure.

9. Radiology: \$351,000 per year



Radiology is all about interpretation of x-rays, ultrasound, MRI and administration of radioactive treatment. Oh, and don't worry you do not need to use biophysics in radiology so fear not.



8. Plastic Surgery: \$354,000

Plastic surgery is among highest paying medical specialties. Plastic surgeons perform surgeries to improve various body parts such as skin, torso, breasts, limbs, and even external reproductive structures to make them more appealing.



7. Anesthesiology: \$358,000

We always hear that anesthesiologist do not contribute a lot, they just administer drugs, but they are also obliged to observe the patient's pulse, breathing, blood pressure, body temperature, and other vital signs.



6. Dermatology: \$412,000

Dermatologists don't just give skin creams, they also perform some regular examinations to diagnose and screen various types of skin cancer. Moreover, these medical specialists treat skin infections, allergies, eczema, and other skin problems.



5. Urology: \$412,000

It is a medical field that deals with the urinary tract of both genders as well as the reproductive system of male patients. Urologists are responsible for the health of organs like the bladder and kidneys,



4. Gastroenterology: \$455,000

If you don't mind getting deep and dirty, gastroenterology might be for you.

Gastroenterologists deal with any diseases related to the GIT including the liver, gallbladder and pancreas. Commonly seeing problems like heartburn, diarrhea, acid refluxes and ulcers.



3. Orthopaedic Surgery: \$497,000

Ever wanted to be a mechanic but ended up in medicine? Well orthopedic surgery might be of your interest! Often called “mechanics of medicine” Such specialists set broken bones, repair injured tendons, replace damaged joints and surgically remove tumours.



2. Invasive Cardiology: \$525,000

Cardiologists don't just break your heart, they steal all your money too, as they are second paid medical specialty, because invasive cardiologists normally perform complex tasks such as repairing damaged heart valves, performing heart bypass operations, or inserting pacemakers or defibrillators.



1. Neurosurgery: \$609,201

If you do not mind spending 8 years of your life in residency, then neurosurgery might be for you.

Neurosurgeons are known for having sharp focus, endurance, steady hands, and a little bit of an attitude. All these qualities make neurosurgeons qualified (maybe not the attitude) to perform the most difficult tasks involving surgeries within the nervous system.

HOW DENTSOC BEGAN

By Moritz Völke



After more than two years, we are happy that DentSoc Muni (Dental Society of Muni) is now finally an official team under MIMSA! But how did it all start? Well, one fateful day after class, back in 2019, a group of international dental students were talking about how it is a pity that we have such little representation in our uni. Sure, Mimsa took good care of general medical students but there were no seminars or events targeted specifically at dentistry. So true to our motto "Aut viam inveniam aut faciam" – I shall either find a way, or make one.", we decided to take matters into our own hands and simply founded our own association. And so, DentSoc was born. Our goal is to bring dental students from different years together and help create a better learning environment, both academically and socially. So, if you are a dental student that is in need for some guidance, don't hesitate to visit one of our seminars, use our study material or contact us for help at any time.

INTERNATIONAL STUDENTS IN THE EYES OF A MICROBIOLOGY TEACHER

By Dr. Ondřej Zahradníček

International students! Many teachers, and even more, the specialists that are not involved in the process of teaching, have just a limited idea of who the international students are. Some of them still believe that they are still the same as the first group that came to Masaryk University many years ago – more than 90 % of them were Greeks (that is why even today some people say „Greeks“ when they want to say „international students“). They were quite noisy and their results were often quite poor. But the times have changed.

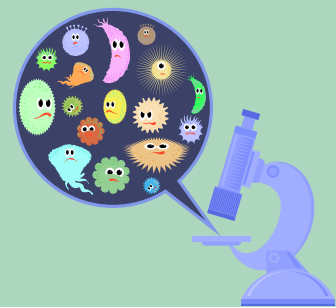


Today we have students from all over the world and every year new countries appear on the list. Some of them are good students that ask clever questions. Obviously, not all of them are like that. Some other students decided that it is too annoying to think about the tasks in the practical session and that it is much simpler just to copy the results of somebody that did the same practice one year earlier. It's usually these students that would be surprised in the final examination.

Despite all my murmur, I believe that we have quite good international students. It's my pleasure to teach them; I have a strong feeling that it is even not necessary to travel abroad if the all world comes to the practical hall. OK, some thing might be better: for example, some students might learn that in Czechia it is considered quite rude to yawn with wide-open mouth without covering it by one's hand and that it is usually better to listen to what the teacher says rather than communicating with someone outside by a mobile phone.

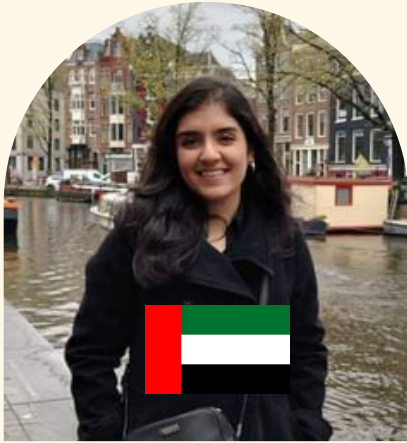
To Conclude

Nevertheless, all these are unsubstantial things. I hope that our future students will be at least equally good, motivated and hard-working as the recent students.



Student Ambassadors Interviews

Get to know a little bit more about our ambassadors



Jesika

Hello everyone! I'm Jesika - the UAE + India ambassador and I'm currently in my final year of General medicine. I've lived in Brno for 6 years and it's been quite a rollercoaster. As my journey is coming to an end, I must admit that I'll miss Brno a lot! The cafes, the weather, the cheap beer, the great company and all the bittersweet moments. I have been a student ambassador for 2 years and it's always been a pleasure to help prospective students of Masaryk.



Cyril

Hello, I'm Cyril Deregnacourt, I'm the French ambassador and I'm currently in the fourth year of medicine. My favourite thing about studying in Masaryk is the library (medfac) open 24/7 and MIMSA - the student organisation which organises many different things like cultural events, blood taking session, parties, and trips around the country. I think what's surprised me the most about Brno is the massive variety of international students in and around this city.



Alessandro

Hi, I am Alessandro, a third-year medical student and the Italian ambassador. The university gives us the opportunity to be in contact with real patients, and in addition, we are able to assist some surgeries (an amazing opportunity that it's difficult to find in so many countries, like mine) And life in Brno is full of opportunities, like football matches, charity events and parties. The opportunity of having fun and creating new bonds is what I love here the most.

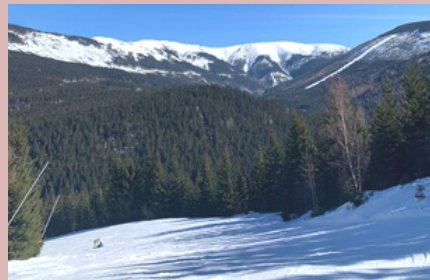
MIMSA Ski Trip Blog

After a 2-year hiatus, MIMSA went back to Špindlerův Mlýn for a weekend packed with fun and adventure - here's what we were up to!

BY DIANA GONÇALVES
AND CATARINA SANTOS

An Exciting Start

After a long examination period, the ski trip finally arrived. On Friday, a hundred students were ready to leave, and the bus ride was long but we all enjoyed it a lot; we danced, sang and met new people. When we arrived, we immediately got our equipment and we went to our rooms ready for the beginning of the adventure the morning after. Everybody was anxious to start skiing and snowboarding, some of us for the first time!



MIMSA SKI TRIP 2022

A WEEKEND FULL OF WINTER FUN



Skiing

For the two next days, we went to the slopes and fell...a lot, but it was so much fun with friends. And everyone was able to have fun because there were many different kinds of slopes. The people that didn't know how to ski had the possibility to learn and those who wanted to just relax could do it in the restaurants at the bottom of the mountain with music, food and drinks.

Other activities

We also went for the sledge ride which was a safer option than everything else. We'd reach the top of the mountain and went down the slope in a matter of seconds! At night, we all went to the restaurants in the center, where we ate delicious food. Also, there was a club there that had great music, where we could end our days in the best way!



Final Day

On the third day, some of us decided not to ski and visited the city centre, or went for a walk in the snow to enjoy the landscape or also spent a couple of hours in the spa at the hotel. The last day was of course a little sad because we had to come back, but one thing is for sure, we can't wait to go back again!



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